

Action Plan on Alzheimer's and Healthy Aging 2022

Plan Revision Guiding Document

Context

In 2018, the Vermont Department of Health (VDH) and the Department of Disabilities, Aging and Independent Living (DAIL) created the first action plan to advance activity and support of Alzheimer's and healthy aging in Vermont. This document outlines key principles and processes to revise the action plan for 2022.

The Vermont Action Plan on Alzheimer's and Health Aging:

- Outlines the goals for collective work on Alzheimer's and healthy aging in Vermont from 2022-2024.
- Articulates strategies that will achieve those goals.
- Serves as a resource for stakeholders and partners across the state to inform their work related to Alzheimer's, brain health, and healthy aging
- Complements other key state plans (State Plan on Aging, new State Plan for Aging Well, State Health Improvement Plan).

Defining success

A successful Action Plan is one that will be used by diverse stakeholders for purposes that promote cognitive health, address cognitive impairment, and help meet the needs of caregivers in Vermont.

Who do you see using the Plan?

- Health care practitioners
- Professional Associations
- Advocacy organizations
- State and local government agencies



How do you see them using it?

- Understand goals of the plan and support key issues and policies
- To focus efforts on the priority areas and strategies identified
- Substantiate community needs
- Support grant funding requests

Guiding principles

Vermont is committed to creating an Action Plan that:

- Is applicable and accessible to ALL Vermonters (incl. race, ethnicity, gender, sexual identity, economic status, neurodivergence, disability, geography)
- Supports planned and existing state efforts (incl. the Older Vermonters Act and the State Plan on Aging)
- Includes perspectives of people experiencing Alzheimer's and their caregivers
- Informed by and aligned to relevant statewide data metrics
- Attends to new or emerging research related to Alzheimer's and aging
- Is useful and actionable for key stakeholders

Acknowledgement of current reality



Assets

- Many local efforts are effectively supporting this work
- Several state agencies and national organizations are deeply invested in this work and have produced valuable resources
- The BOLD grant and Act 156 have helped establish infrastructure and create momentum in VT



Constraints

- COVID-19 continues to impact priorities and availability
- Opportunity costs
- Dependent on volunteer time
- Stakeholder groups may have competing agendas

Key tasks and proposed timeline

	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
Engage stakeholder groups to guide the planning process									
Draft objectives and strategies through 2 virtual workshops									
Draft and revise the Action Plan									
Collection additional stakeholder feedback through surveys, interviews, meetings									
Public comment period									